

VALLEY OF FLOWERS TREKKING



The Valley of Flowers is a beautiful meadow located at an altitude of about eleven thousand feet. It is the valley of the stream Pushpavati, a tributary of Alaknanda. Frank Smythe discovered 'The Valley of Flowers' in 1931 on his way back after a successful expedition to Mt. Kamet. Ferns, dwarf iris, dwarf larkspur, dwarf rhododendrons, primula, blue poppies, fritillaria, asters, potentillas, inula grandifloras and hundreds of other species grow wild in the valley.

The Valley of Flowers is a riot of color in August/September. Well over a thousand varieties of flowers, shrubs, orchids and plants in myriad hues, differing textures and colors paint the valley in a gorgeous display. The valley is a natural plantation surrounded by the dazzling snow clad Himalayas, a feast for the botanist and amateur alike.



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